



Written by [Alex Newman](#) on January 7, 2021

Preparing Life & Soul For Armageddon

In this interview with The New American magazine's Alex Newman, internationally known journalist Troy Anderson discusses his view that we are in the End Times and encourages everyone to be prepared spiritually and physically. Anderson, who has co-written for Reuters and The New American, among other publications, just wrote a book on these topics with Col. David Giammona called "The Military Guide To Armageddon: Battle-Tested Strategies to Prepare Your Life and Soul for the End Times." Tough times are indeed coming, but Anderson encourages Christians of all denominations to be hopeful, active, and joyful amid the difficult days ahead.





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