



Written by [Christian Gomez](#) on April 19, 2023

## Iowa Legislator Exposes COS Dirty Tactics for Constitutional Convention

In an exclusive interview with *The New American*, state Representative Helena Hayes (R-Iowa) relays her personal story about how a Convention of States (COS) Project leader and co-founder, Michael Farris, contacted her and attacked [The John Birch Society](#). During the phone conversation, he also character assassinated JBS Constitutional educator and speaker [Robert Brown](#) as being a mere “house painter,” who lacks the credentials and letters behind his name to understand [Article V](#) and the [Constitution](#). Yet this so-called “house painter” is kicking his and COS’s butts enough that they have to resort to childish name-calling and personal attacks, rather than debating the substance of the issue, i.e., whether or not the Iowa General Assembly should apply to Congress to call a [constitutional convention](#) to propose changes, or amendments, to the U.S. Constitution.



In the interview, Rep. Hayes also shares her shock about how COS put her personal cellphone number in a mass text blast sent to her constituents to contact and pressure her into supporting the COS resolution [House Joint Resolution 7](#) (HJR 7), which applies to Congress to call a constitutional convention.

Rep. Hayes further expresses her disappointment with COS-sponsored events that she has attended, in which COS speakers again spend more time attacking groups that oppose a convention, such as The John Birch Society and various JBS speakers, rather than utilizing the time to explain the process of an Article V convention or to educate attendees about the alleged merits of a constitutional convention to propose amendments to the U.S. Constitution. Rep. Hayes concludes the interview by explaining her opposition to HJR 7, the COS resolution, and of the idea of [using an Article V convention to rein-in the federal government](#).



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