



The Truth About Face Masks

To mask or not to mask? Examining scientific data, *The New American* fact-checks whether or not face coverings or masks are effective at stopping the spread of COVID-19 virus particles.

▣ **Studies:**

Chughtai AA, Seale H, Macintyre CR.

"Effectiveness of cloth masks for protection against severe acute respiratory syndrome coronavirus 2."

<https://doi.org/10.3201/eid2610.200948>

"A cluster randomised trial of cloth masks compared with medical masks in healthcare workers"

<https://pubmed.ncbi.nlm.nih.gov/25903751/>

"The Respiratory Protection Effectiveness Clinical Trial (ResPECT)"

<https://clinicaltrials.gov/ct2/show/NCT01249625>

Xiao J, Shiu E, Gao H, Wong JY, Fong MW, Ryu S, et al.

"Nonpharmaceutical Measures for Pandemic Influenza in Nonhealthcare Settings — Personal Protective and Environmental Measures." *Emerg Infect Dis.* 2020;26(5):967-975.

<https://dx.doi.org/10.3201/eid2605.190994>

▣ **Other sources:**

["CDC — About face coverings"](#)

"Masks Don't Work: A Review of Science Relevant to COVID-19 Social Policy"

<https://www.rcreader.com/authors/Denis-G.-Rancourt,-PhD>

► **More Videos:**

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[Exposing the Real Threat Behind COVID-19](#)

[Dr. Richard Urso, MD: Pandemic Over, Now in "Casedemic"](#)

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