



Written by [R. Cort Kirkwood](#) on January 24, 2025

White House Aide: Deep State Bureaucrats Will “Crush” RFK by Inertia, Lying

A White House aide has confessed on video that the Deep State “is real,” and that bureaucrats inside the Health and Human Services Department (HHS) will block the initiatives of incoming Health and Human Services Secretary Robert F. Kennedy Jr.

When the new secretary wants something done, the bureaucrats simply won’t do it.

Their tools will be inertia and outright lying, said Byron Cohen, a White House advisor on pandemic policy. The bureaucracy, he said, will “crush” RFK, Jr.

Like many other lovelorn but loose-lipped soy boys high in the Democratic Party, Cohen spilled the beans to an undercover lady reporter from the O’Keefe Media Group (OMG).



AP Images
Robert F. Kennedy, Jr.

“THE DEEP STATE IS REAL:’ White House Advisor Reveals How Bureaucracy Protects “Its Own Interests,” Predicts Bureaucracy Will ‘Crush’ RFK Jr. as HHS Secretary; “If I Was Given an Order... I Would Either Try to Block It or Resign”

“RFK Jr. is a very bad pick for HHS... it’s... pic.twitter.com/IsPGb8lljd

— James O’Keefe (@JamesO’KeefeIII) [January 23, 2025](#)

Not a Trump Fan

Cohen made clear that RFK, Jr. is headed for trouble when he tries to make America healthy again as HHS chieftain, a position that will give him broad authority over the bloated federal health bureaucracy.

Cohen allowed that “it’s pretty cool” working at the White House, and explained that he’s a Harvard-educated egghead with an expertise in public health.

But the job won’t be so “cool” with Donald Trump in charge.

“I can’t really think of anyone who I would less rather have be president than Trump, but that’s what the American people wanted, I guess.”

To his credit, Cohen did say he would stay in his job to ensure a “successful transition,” whatever that means to Cohen. But, he said, he won’t stay in his position if new White House officials don’t take his advice.



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That assumes, of course, that he will be invited.

Cohen explained political appointees to the OMG reporter, and then segued into the bureaucracy's plan to undermine Kennedy.

Beware RFK

"RFK Jr. is a very bad pick for HHS," Cohen said. Asked whether the bureaucrats "can micromanage RFK," Cohen said he's "hoping someone just puts him in a closet."

He continued:

I honestly think ... there's a good chance that the bureaucracy just crushes him....

And so, it's not just a matter of, like, ordering people to do things you want to do. Because they have ways that they can slow things down or block you without you realizing it. Like, people joke about the Deep State but, like, to some degree it's real.... [T]he bureaucracy will do what is in the bureaucracy's interest.

Unelected career bureaucrats will not give up their power "without a fight," he continued, and they will always find "ways that they can fight back."

"Maybe they lose eventually," he continued, "but like they can slow things down, they can make it annoying."

RFK doesn't have the "knowledge and the patience and the humility" to handle the careerists and force them to implement his agenda, which includes cleaning up America's food supply and properly testing vaccines and removing Big Pharma's legal liability protections for them.

Threats to fire longtime scientists won't work, Cohen said, noting that Kennedy will "have a harder time getting what he wants done than he thinks."

Then Cohen offered hints for bureaucrats in case they don't think of ways to frustrate the new boss themselves. He said the bureaucrats can either simply kill an initiative with inertia, or by lying outright to the boss:

[T]he bureaucracy has its own power and to some extent, like, desires.... They have ways, like, if they don't want to do something, they have ways to kind of fight it. They, like, can slow walk something. They can pretend to be working really hard on something when they're not. Sometimes they can just say no, if it's not like, coming directly from the president....

One thing you might be able to do to, like, sort of make him think like something is happening when it's not, is to sort of put together, like, a commission to study something.... "Mr. Secretary, we're going to put together a commission to study the safety of fluoride in water." "Mr. Secretary, we're going to put together a commission to study vaccine safety, and we'll let you know when the report comes out." And he'll be like, "yes, yes, great," and then years will pass and nothing has happened.

You know ... a sophisticated bureaucrat can do a lot to run around an unsophisticated political appointee if they want.



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Cohen also argued that subverting the will of Americans, who elected Trump with a mandate for change, is a good thing if the bureaucrats determine that some policies don't match the people's will.

Yes, "you could argue that the will of the American people was to elect Donald Trump."

But then again, he continued, most Americans don't agree with RFK, Jr.'s views on vaccines, for instance. Thus, blocking initiatives to study them would be "acting in a way that is consistent with what the majority wants."

Hired a Date?

"I'm not really interested in having this conversation," a stunned Cohen said when OMG chief James O'Keefe confronted him about the conversation.

"So you guys hired someone to go on, like, fake dates with me," Cohen said.

DEEP STATE OFFICIAL WADDLES AWAY: Top White House Advisor Confronted By O'Keefe for Admitting on Tape 'The Deep State Is Real' [@ByronCohenMA](#) looks back in bewilderment at the American Swiper before frustratingly exclaiming, "I'm not really interested in having this... pic.twitter.com/Hx6coNb42C

— James O'Keefe (@JamesOKeefeIII) [January 23, 2025](#)

"That's investigative reporting," O'Keefe replied.

"That's definitely not a credit to you, but OK."

Cohen answered some of O'Keefe's questions. But he didn't say whether he thinks that bureaucrats should, as he said they would, undermine the policies and initiatives of a duly elected president and his Cabinet officials.

The revelations from Cohen mirror those of a top Pentagon consultant. That consultant was fired after [he confessed](#) to working with retired military flag officers to undermine Trump.

Before that, a [top national security aide told](#) an OMG reporter that President Joe Biden's cognitive decline had crippled him. Biden was unaware, the aide said, that National Security Advisor Jake Sullivan had accompanied the president on a trip.

It appears that a fetching young lady and a few cocktails or a caffè latte at Starbucks are as effective a truth serum as [sodium thiopental](#).



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