



Written by [Alex Newman](#) on October 14, 2024

## How Local and State Governments Can Defeat the Deep State

One of the most effective ways to restrict an overreaching federal government is by turning to the constitutional authority of local government, argues Alex Newman in this episode of Behind the Deep State for The New American.

Through original source documentation and stunning quotes, Newman takes the audience on a historical tour of times of tyranny and liberty and the consequences of neglecting local involvement in the civic realm.

Pulling from the U.S. Constitution, Newman emphasizes the 10th Amendment, which states that “The powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people.”

Americans must return to the Constitution, and states must reclaim their sovereignty, Newman asserted. The message is simple: Bottom-up change starting at the local level is the only path to regaining America’s greatness.

Don’t miss this episode of Behind the Deep State to learn how.





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