



Written by [Veronika Kyrylenko](#) on January 24, 2022

## Doctors at “Defeat the Mandates” Rally Offer Hope and Advice Regarding COVID

Some of the nation’s top non-establishment doctors and scientists spoke at the “[Defeat the Mandates - An American Homecoming](#)” rally in Washington, D.C., Sunday. They present a united front in opposition to COVID vaccine mandates, vaccine passports, vaccination of children and medical censorship. These experts told *The New American* that the United States medical authorities charged with managing the COVID-19 pandemic are on an ineffective and dangerous path that is needlessly taking hundreds of thousands of American lives.

Drs. Pierre Kory and Paul Marik, practicing physicians and COVID early treatment pioneers from the [Front Line COVID-19 Critical Care Alliance](#), joined Drs. Peter McCullough, Ryan Cole, Paul Alexander, Richard Urso, and others to warn Americans against living in fear of the 100-percent curable disease and offer them hope. While describing the safety and efficacy of the cheap and widely available early treatments and prophylactics, the doctors cautioned against using the experimental vaccines and boosters that are covered by liability protection laws and shoddily tested.

According to the physicians:

1. Don’t be afraid of COVID.

Political establishment and health authorities try to portray COVID as a deadly disease. This is how they generate fear, discourage critical thinking, and promote obedience, which leads to acceptance of authoritarian measures that the government employs in the name of “safety” and “the common good.”

From a medical perspective, even without treatments, COVID poses little to no threat to people unless their health is already fragile.

2. The most effective protection against COVID is your own immune system.

“The best doctor is the one inside of you,” said Dr. Marik. He advises people who want to protect themselves from COVID — or any other infectious disease, for that matter — to stay healthy. There are some basic recommendations that people can follow to boost that inner doctor: maintain a healthy weight, eat healthily and avoid sugar and processed foods, exercise regularly, drink plenty of water, get



AP Images

Defeat the Mandates Rally in Washington, D.C.



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plenty of sleep, and spend time outdoors, since that is one of the best ways to manage stress. Also, getting plenty of sunlight (when possible) helps maintain a healthy vitamin D level, which increases protection from COVID.

### 3. Practice easy prophylaxis and basic hygiene.

The most practical way of preventing the virus from getting into your system is by practicing basic hygiene: washing your hands, using saline nasal spray, and gargling with mouthwash after being around many people. Some mouthwashes, for example, may reduce the viral load, prevent viruses from replicating, and even kill the virus in saliva.

### 4. Early treatments work.

COVID is safely and effectively treated with repurposed drugs. One of them is hydroxychloroquine (HCQ), a 65-year-old formula that is considered by the World Health Organization to be an “essential medicine,” according to the [WHO Model List of Essential Medicines](#). That means that the formula is “the most efficacious, safe and cost-effective” needed for a “basic health-care system.” It is so safe that the U.S. Centers for Disease Control and Prevention (CDC) [says](#) that the medicine can be used by pregnant women, breastfeeding mothers, infants, the elderly, and immunocompromised people. Generations around the globe have used it billions of times without the restrictions that only unexpectedly and substantially began once the pandemic arrived.

Another effective remedy is ivermectin, which was approved in America in 1996 and is another recognized “essential medicine.” It is highly potent against COVID, and helps eliminate the virus in just 48 hours.

In addition to these two core drugs, the doctors use zinc, vitamins D and C, anticoagulants, and anti-inflammatory remedies. If the protocols that the frontline doctors developed at the onset of the pandemic — and which are now even more advanced — were used, it could have saved up to 95 percent of all COVID victims, said Dr. McCullough.

The doctors maintain that the government intentionally undermines early treatments and censors any medical information on them in order to make acceptance of the vaccines the only alternative.

### 5. Remdesivir prescribed to COVID patients is harmful.

Remdesivir, a drug promoted by Dr. Anthony Fauci, has no clinical efficacy against COVID. Besides being outrageously expensive — \$3,000 per course — it is also deadly poisonous. The patients taking that drug have lethal side effects, including multiple organ failure, acute kidney failure, hypertension, and septic shock, and many die. Prescribing that remedy to patients hospitalized with COVID is “pure evil,” said the doctors.

### 6. Vaccines are not safe.

COVID vaccines injure and kill people. The doctors said that it was mind-blowing to see recorded in the U.S. Vaccine Adverse Effects Reporting System (VAERS) more than *1 million* adverse side effects and nearly 22,000 deaths connected to use of a single vaccine within such a short period of time.

The vaccines have already been shown to adversely affect our immune systems, which help us to ward off harmful bacteria and viruses and suppress cancerous cells.

In addition to that, vaccines make human cells produce the most toxic part of the virus — spike protein that damages cells around it and causes chronic inflammation. Since that may happen in virtually any



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organ in the human body, the risks of getting injured far outweigh the benefits of the vaccines for virtually all cohorts.

## 7. Vaccines are not effective.

COVID vaccines do not prevent people from getting infected with COVID or passing it on to others. On the contrary, since the shots weaken the immune system, the vaccinated are increasing their chances of catching COVID.

The Omicron variant demonstrates the medical nonsense of the vaccine mandates, since the existing shots were designed against the original strain. That explains the large number of breakthrough infections.

Since the SARS-CoV-2 that causes COVID mutates faster than the vaccine manufacturers can produce strain-specific boosters, it is senseless to try to outpace the virus, especially given that repeated boosting greatly endangers people's health.

## 8. Children should not be vaccinated, period.

COVID poses no danger to children. They have a statistically zero chance of dying from that disease. The COVID shots, however, are already linked to innumerable adverse reactions, and their long-term side effects are unstudied.

Robert F. Kennedy, Jr., a lawyer, pointed to the "National Childhood Vaccine Injury Act" (NCVIA), a federal law passed in 1986 that shields vaccine manufacturers from any liability when it comes to vaccinating children, even if the shots are fully approved by the U.S. Food and Drug Administration (FDA). Adults can sue vaccine makers if they are injured by fully approved vaccines, but Pfizer's Comirnaty shot that was approved by the FDA back in August is not available in the United States.

At the rally, the physicians clearly showed that COVID can be prevented and treated, and that the push to put a needle filled with experimental vaccine in every arm is not only reckless, but outright criminal. Americans should reject unsubstantiated measures such as lockdowns, masking, social distancing, and experimental vaccines, and above all, should stop living in fear.





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