



Written by [James Murphy](#) on May 25, 2024

Researchers Conclude That Climate Change Will Make Strokes and Migraines Worse

Climate-change zealots claim that human emissions will eventually lead to melting polar ice caps, more extreme weather events, and the poverty and displacement of billions of souls. Now, researchers at University College London (UCL) believe that climate change will aggravate the effects of certain brain conditions such as stroke, migraine, Alzheimer's, meningitis, epilepsy, and multiple sclerosis.

This conclusion was drawn from a [review](#) of over 300 scientific papers on neurological diseases from 1968-2023, led by Professor Sanjay Sisodiya of UCL's Queen Square Institute of Neurology.



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"There is clear evidence for an impact of the climate on some brain conditions, especially stroke and infections of the nervous system," said Sisodiya. "The climatic variation that was shown to have an effect on brain diseases included extremes of temperature (both low and high), and greater temperature variation throughout the course of day — especially when these measures were seasonally unusual."

"Nighttime temperatures may be particularly important, as higher temperatures through the night can disrupt sleep. Poor sleep is known to aggravate a number of brain conditions," he added.

In other words, people's health can be affected by the weather.

Those who suffer with dementia are at an even greater risk from climate change, argue the researchers.

"Reduced awareness of risk is combined with a diminished capacity to seek help or to mitigate potential harm, such as by drinking more in hot weather or by adjusting clothing," Sisodiya suggested. "This susceptibility is compounded by frailty, multimorbidity, and psychotropic medications. Accordingly, greater temperature variation, hotter days, and heatwaves lead to increased dementia-associated hospital admissions and mortality."

Such research is vital, the researchers say, because of what climate change portends.

"This work is taking place against a worrying worsening of climatic conditions and it will need to remain agile and dynamic if it is to generate information that is of use to both individuals and organizations," Sisodiya explained. "Moreover, there are few studies estimating health consequences on brain diseases under future climate scenarios, making forward planning challenging."

Psychiatric conditions are especially at risk from climate change.

"The whole concept of climate anxiety is an added, potentially weighty, influence: many brain conditions are associated with higher risk of psychiatric disorders, including anxiety, and such multimorbidities can further complicate impacts of climate change and the adaptations necessary to preserve health. But



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there are actions we can and should take now,” Sisodiya added.

Nobody needed a UCL study to determine that so-called climate change and the furor around it was making people anxious. It’s yet another example of scientists using the term “climate change” to procure funding.

As for mental illness, climate extremists exhibit it routinely whenever they [glue](#) themselves to a tennis court, [throw](#) soup at priceless art, or [vandalize](#) the U.S. Constitution. Clearly they’re not well, and the question must be asked: Is it climate change? Or is it the propagandizing surrounding the alleged problem that is causing all the anxiety?



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