



Written by [C. Mitchell Shaw](#) on April 12, 2022

Frequent Masturbation and Puberty Blockers: New Jersey Elementary School Lessons Seek to Sexualize Young Kids

Just when it seems sexual grooming in education has gone as far as it can, the groomers find a way to push even further. Case in point: Newly released sample lesson plans from New Jersey show that fifth-graders may soon be taught that puberty blockers and frequent masturbation are what they need to handle the stress of adolescence. And second-graders could be getting lessons in “gender identity.”

The [lesson plans](#) were given to Republican State Senator Holly Schepisi by concerned parents. Schepisi shared the lesson plans on DropBox to make the public aware of the materials to which young children will be exposed under the new program.



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As Fox News [reports](#):

New Jersey public school students as young as 10 could be taught that puberty blockers are an acceptable way to “manage” puberty and that masturbating “a few times a day” is a healthy way to relieve stress, according to sample lesson plans being reviewed by state school districts.

New Jersey public school students as young as second grade will be getting lessons related to gender identity under state sex education guidelines that will take effect in September. Multiple sample lesson plans, which were given to parents at the Westfield Board of Education’s Feb. 22 meeting, appear to be reflective of the state’s new, broader sex education curriculum.

The lesson plans are part of a full K-12 health and sex-education curriculum adopted by the New Jersey Board of Education and are dripping with the spirit of the age — “transgenderism,” “gender identity,” and the early sexualization of children run through the materials.

Some of the lessons include animated videos for the kids. The cartoon-style videos are geared toward children in their production style and quality, but the same cannot be said of their content. One such video — titled, “Puberty and Transgender Youth” — features a prepubescent girl who “identifies” as a boy. Because her “identity” does not match reality, she is bothered when — in a single moment — breasts literally pop up on her young body. The voice-over in the video says:

A person who is transgender is someone whose internal sense of their gender — being a boy, girl, or something else — doesn’t match their physical body. People who feel this way sometimes feel anxious when they begin to reach puberty and their body starts to change in



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ways that don't match their internal sense of their gender.

[At this point, the young girl in the video develops breasts, complete with popping sound when they suddenly spring out of her chest.]

These feelings are totally normal.

Wait. It is “totally normal” to feel “anxious” when the reality of your body does not match the fantasy of the “gender” you wish was real? This sample illustrates that the lessons are not about teaching kids to embrace reality — biological or otherwise — but to embrace *as reality* the psychological condition of gender dysphoria.

And having presented that fantasy trumps reality, the video offers a “solution” to the “anxiety” caused by the difference between the two: Get in front of puberty before your body betrays you by proving your actual sex. To do this, visit an endocrinologist and get a prescription for puberty blockers.

Another video lesson is titled, “Masturbation: Totally Normal.” In a twist of irony that appears to have gone right over the heads of the groomers who make this material available to fifth-graders, the YouTube video is age-restricted and includes a warning, stating, “This video may be inappropriate for some users” and requiring the user to click, “I understand and wish to proceed.” YouTube feels the need to restrict the video to those 18 and older, but young school kids can see it in class as part of their lessons.

The video opens with a clip of a young girl who is admiring a picture of herself and expressing her sexual attraction to herself. It is weird and uncomfortable to watch and it just gets worse from there. Showing a young boy actually masturbating until he needs a tissue, the video is a demonstration of just how perverse the groomers in public education sex ed can be. The video states that masturbating up to “a few times a day” is a “physically safe way to express sexual feelings.”

And lest girls (however the groomers define that word) feel left out, there is a video especially about female masturbation. And like the other videos, it is geared to appeal to post-pubescent kids. In the same typical style as the other videos, it opens with a young girl playing chess against herself. The opening clip ends with her saying, “I love playing with myself.”

The video — which, remember, is *part of a school lesson plan* — shows a variety of barely post-pubescent girls becoming sexually aroused and “exploring” their bodies for sexual pleasure, and says that it is “a way to relieve stress.” There is even a cartoon character depicting female genitalia. It is — in a word — *cringy*.

In the wake of public exposure of these overtly sexual materials designed to pervert the minds of children, a spokesperson for Westfield Public Schools [told](#) Fox News Digital last week that the teaching materials were a “sample list of resources” aligned with state policy and were not official policy. So, they are not official policy; they are merely *aligned with* official policy. That is a difference without distinction and an exercise in spin. And while the groomers behind these materials may have hoped that spin job would get the spotlight of scrutiny off of their materials, it does not appear to have worked.

After looking over the lessons, Schepisi described the lessons and videos as “completely overboard with cringy detail for young kids.” She went on to say, “I truly think New Jersey has lost its damn mind,” adding, “The agenda has swung so far left in an attempt to sexualize our precious children that parents are fighting back. Based on the overwhelming outreach I have received from parents, Democrats should



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expect a reckoning this fall.”

Schepisi is likely correct. Due to the overt sexualization of children and other liberal policies, such as Critical Race Theory, Democrats all over the country are bracing for a royal beating in the 2022 midterms, if tanking polls are any indicator.

If that is the case, it couldn't happen to a better bunch of folks. After all, there was a time in this great country when anyone who tried to sexualize young children would have been in jail, not in public office. But, such policies will find their way into more and more liberal school districts and states. As a result, many parents across the country have looked to alternatives to public school. Homeschooling is one option. Other parents are looking at local and online academies with values similar to their own.





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