



Written by [R. Cort Kirkwood](#) on October 6, 2021

# Seattle at It Again With “Anti-Racism” Training That Vilifies Whites

Seattle, Washington, is openly vilifying whites with an “anti-racism” program that excluded whites from a training session.

Conservative radio talker [Jason Rantz of KTTH revealed](#) that city workers “[who identify as people of color](#)” [received](#) a three-hour, anti-white brainwashing session from the city’s Race and Social Justice Initiative, which landed in hot water when [it sponsored](#) a similarly segregated ritual last year.

Of course, whites also learn an important lesson: to hate themselves.

The latest, Rantz reported, is a long wallow in self-pity, through which the “employees of color” are expected to loosen the hurtful bonds of “white supremacy.” Whites must accept blame for all the hurt.



Philip Kramer/DigitalVision/Getty Images

Rantz: Seattle city training docs teach white people are racist ‘oppressors,’ Black people are victims <https://t.co/A9H43ZyxJQ>

— Jason Rantz on KTTH Radio (@jasonrantz) [October 5, 2021](#)

## The Program

Minority employees received optional “Internalized Racial Inferiority” training on September 3, [Rantz reported](#), and “were given tools to free themselves of white supremacy influence” and “are expected to dismantle systems of oppression.”

Rantz didn’t report whether the city has conducted the training session for whites. But they’ll have the chance, or had one, to learn just how evil they are. That training drones on at length about “internalized racial superiority” and “internalized racial inferiority.”

White, the training says, are racists.

Thus, a 214-page companion manual Rantz posted online [is an open appeal](#) to blame whites for imagined offenses against American minorities. It manufactures four “types” of racism: interpersonal, internalized, institutional and structural.”

Whites manifest “internalized racial superiority” with such character flaws as these:

- Perfectionism
- Individualism
- Imposition
- Arrogance



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- Paternalism
- Silence
- Intellectualization
- Control
- Violence
- Comfort
- Appropriation
- Cognitive Dissonance

Minorities, mostly blacks undoubtedly, show “internalized racial inferiority” with these unfortunate problems:

- Colorism
- Isolation
- Protectionism
- Addiction
- Self-Doubt
- Self-Hate
- Rage
- Shame
- Denial
- Assimilation
- Ethnocentrism
- Distancing
- Exaggerated Visibility
- Hopelessness
- Apathy
- Erasure
- Invisibility

“White people keep the system going,” the [manual says](#).

After offering a “history” of different ethnics groups, the manual explains that “all forms of oppression are intersectional and wrapped up in white supremacy: The “White, Christian Heteronormative Patriarchy” prevents us from collective liberation.”

A key repetitive phrase in the 214-page manual is “interrupting whiteness,” a task it assigns to whites themselves. To “interrupt their whiteness,” whites must sacrifice, the [manual says](#). They might have to give up “guaranteed physical safety” and “risk losing job[s], losing social status, losing niceties from neighbors.”

“Interrupting whiteness” will also mean they “no longer ‘fit in’ all the time” and face being “rejected by other white people.”

At 214 pages, of course, there’s more. Lots more.

Upshot: Apropos of the late Susan Sontag’s [infamous judgment](#), “the white race is the cancer of human history; it is the white race and it alone — its ideologies and inventions — which eradicates autonomous civilizations wherever it spreads.”

**RSJI “Truths”**



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The training and companion book come from the city's [Racial and Social Justice Initiative](#), a group of leftist "advocates and organizers who act accountably, creatively, and strategically for racial justice." These worthies follow guiding principles that include "undoing racism," "undoing internalized racial oppression," and "identifying and analyzing manifestations of racism."

Last year, [RSJI published](#) a list of 10 "truths." "Colonialism is at the root of white supremacy," No. 1 says, while No. 2 explains that "we live in a highly racialized society - i.e. race matters."

"Racism is based on the legal and social construction of whiteness," No. 3 says, elaborating with this leftist nonsense:

When talking about race and racism, we also need to talk about whiteness: the construction of whiteness, how a preference for white was created, how it has been maintained for generations and how it functions.

### **CRT Elsewhere**

The anti-white nonsense the RSJI spews at Seattle's white employees with tax money collected from whites mirrors that leftist corporate bureaucrats are spewing at their white employees.

In late September *City Journal's* Chris Rufo, who tracks corporate Critical Race Theory brainwashing, [revealed that](#) pharmacy giant CVS is hammering its employees with the anti-white propaganda.

CVS hired Ibram Kendi to teach 25,000 hourly-wage workers that all Americans—including small children—are "completely soaked in racist ideas."

"Our kids are basically functioning on racist ideas, choosing who to play with based on the kid's skin color." <https://t.co/F4kgd5aWtM>

— Christopher F. Rufo 🐦 (@realchrisrufo) [September 23, 2021](#)

That training required employees to examine themselves with a checklist of "privilege" including celebrating Christmas, easy-to-pronounce names, and feeling secure in one's neighborhood.

Rufo has uncovered similar programs at [Google](#), [Hasbro](#), and [Raytheon](#).

Hat tip: [Daily Mail](#)



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