



Written by [Selwyn Duke](#) on January 4, 2025

Most “Mentally Ill” People Are Leftists, Says Writer; “Transgenderism” Is One Example

Most “mentally ill” people are on the political left, Harvard professor Arthur Brooks [explained](#) last year. In 2016, the *American Journal of Political Science* reported that liberal political beliefs are [linked to](#) psychoticism. A decade earlier, radio legend Dr. Michael Savage released his eyebrow-raising [book](#) *Liberalism Is a Mental Disorder*. But could it really be that there’s an association between ideological orientation and psychological disturbance?

Or does the impression that liberals are more “mentally ill” exist only because, well, they are?



KatarzynaBialasiewicz/iStock/Getty Images Plus

Commentator Jim Davis, who boasts a degree in statistical analysis, knows where he stands. Addressing the MUSS (Made-up Sexual Status, aka “transgender”) agenda in particular, he calls it “a leftist malady.”

The Case

Writing Friday, Davis [first cites](#) a reportedly real internet post (below) from a mental-health practitioner. “I have been a therapist for over 30 years,” it states. “Nearly 90% of my patient load are liberals.”

Big and definitely true. I would argue that 90% of therapists are probably liberals too. They encourage each other’s victim mindsets.

— Naomi Seibt (@SeibtNaomi) [July 9, 2024](#)

Buttressing this, Davis then informs that his “sister is a psychiatric nurse practitioner.” He continues:

She is board-certified, with a DEA license and 35 years of experience. Not only can she counsel patients, but she may also prescribe anything she feels that they need, including narcotics. Her findings over those 35 years are pretty much identical to those of [the aforementioned poster]....

In fact, she says the LGBTQ community is loaded with mental illnesses, including personality disorders (PDs) such as narcissistic, sociopathic, Machiavellian, and dissociative, as well as many other disorders, such as depression and anxiety. Alcohol and substance abuse is also rampant in the LGBTQ community.

But she says the most concentrated incidence of mental illnesses and substance abuse is in the transgender and queer subcommunities: the “TQ” in LGBTQ.



Written by [Selwyn Duke](#) on January 4, 2025

Davis adds that there's also a mountain of peer-reviewed studies supporting the above observations. See, "[here](#), [here](#), [here](#), [here](#), [here](#), ... [here](#), and [here](#)," he writes, providing examples.

Children as Guinea Pigs

Davis then presents an interesting theory about the MUSS-child phenomenon. Quoting another observer, he relates:

Transing [transitioning] kids is just a way for their left-wing parents to demonstrate to their friends that they're sufficiently left-wing. A virtue signal of sorts. 'Trophy brides' and buying an expensive sports car when you hit middle age fall into the same category ...

I look forward to the day when this period is described by medical historians as the Josef Mengele Era of medical and psychiatric care. The entire LGBTQ agenda, 100% accommodated by both medicine and psychiatry, is a massive experiment in 'give them exactly what they say they want, good AND hard.'

And children are now becoming their guinea pigs.

While this holds some truth, the problem is that a reader could infer that these left-wing parents are consciously phony. This is not generally the case. Rather, at issue is something more like a mass delusion.

"It is difficult to get a man to understand something," Upton Sinclair once wrote, "when his salary depends on his not understanding it." It's even more difficult when also depending on it are the man's social standing, reputation, and friendships.

That is, while a psychopath will have no compunction about being blatantly phony, less-abnormal abnormal people are more complex. They don't like feeling like phonies; they want to be good people. So what do they then do when facing profound social pressure to embrace lunacy?

They rationalize. They check their reason at the door and convince themselves, "Yeah, _____ actually does make sense." It's not really that hard to do, either, as there can be specious reasons for believing most anything.

The Aliens Among Us

And among left-wingers, it is often the case that their social approval (and sometimes salary) depends on embracing woke fads. Just consider the entertainment set. Celebrities such as Charlize Theron and Cher have homosexual, MUSS, and "non-binary" children, American Thinker [points out](#). Why, actress Marcia Gay Harden has *three* sexual devolutionary kids. Fellow actress Megan Fox has her beat, though, with her trio of sons. All three are MUSS-oriented — i.e., pretending to be girls.

Now, asks Davis rhetorically, "what are the odds against Marcia Gay Harden and Megan Fox going 6-for-6?" Regarding Sexual Identity Disorder (aka "gender dysphoria"), note that it's vanishingly rare. Social contagion/pressure phenomena and bad parenting, however, are not.

Related to this, research has shown that *most* mothers of MUSS boys [are mentally ill themselves](#). Related to that, a 2021 study [found](#) that a majority of young, liberal, white women have diagnosed mental problems. And transitioning away from the MUSS issue, I've in the past related my own ideology/mental illness-correlation observations.

Back when I worked with kids, I noted that the best behaved children generally had three



Written by [Selwyn Duke](#) on January 4, 2025

commonalities. They had politically conservative parents, stay-at-home moms, and some kind of active church life. In contrast, I don't remember even *one* child diagnosed with ADHD (associated with behavior problems) who was not from a liberal home.

Study of the Soul

It may be hard to imagine that mere "politics" could be associated with a higher incidence of mental illness. That is, until realizing that personal politics is downstream from your mind's "culture" — and that "mental illness" often isn't "illness."

As family psychologist John Rosemond once pointed out, years ago we viewed bad behavior as a moral problem. Now, he said, we generally consider it a *psychological* problem. And this itself is a problem.

"Psychology" is a Greek word meaning "study of the soul." Yet ironically, its modern practitioners treat man like a soulless organic robot who doesn't misbehave but malfunctions. Thus is everything we once called a sin now re-categorized and diagnosed as a disease or condition of the brain. You're a misbehaving child? You have ADHD. Killed your husband? Could've been PMS. You drink too much? That's a gene. Homosexuality? That's a gene, too.

Of course, bona fide mental illness surely exists, and people *are* born with certain tendencies and weaknesses. But what they believe really does matter. And this is why, rather than referencing psychology and its "disorders," the Truth here is better found via theology and its concept of *disordered thinking*.

Follow Orders (the Right Ones)

While this sounds similar to "disorders," it refers to thinking contrary to the moral order. And deviating from the moral order does lead to problems. This is why Aristotle, I believe it was, said that living a moral life is a prerequisite for happiness.

To analogize the moral-rules imperative, imagine being oblivious to the rules of human nutrition. We then might mainline junk food or even ingest those pretty but poisonous, attractive red berries. Bad health or even death could result. Likewise, being oblivious to moral rules allows for the ingestion of moral/spiritual junk food or toxin. Some call this sin, which is psychological poison. The result is the same, too: ill psychological health (and unhappiness).

Of course, we can't know the moral rules without acquaintance with Truth (objective, universal, and unchanging by definition). And Truth implies God's existence.

This reveals why leftists are bedeviled by "mental illness." They're much more likely than conservatives to reject God and Truth; they're moral-relativists/nihilists almost to a man. They thus are more likely to ingest that psychological poison.

In fact, if the problem were to be found in a sane-world [DSM](#), perhaps in an alternate universe, it might be called Deity Deficit Disorder.



Subscribe to the New American

Get exclusive digital access to the most informative, non-partisan truthful news source for patriotic Americans!

Discover a refreshing blend of time-honored values, principles and insightful perspectives within the pages of "The New American" magazine. Delve into a world where tradition is the foundation, and exploration knows no bounds.

From politics and finance to foreign affairs, environment, culture, and technology, we bring you an unparalleled array of topics that matter most.



[Subscribe](#)

What's Included?

- 24 Issues Per Year
- Optional Print Edition
- Digital Edition Access
- Exclusive Subscriber Content
- Audio provided for all articles
- Unlimited access to past issues
- Coming Soon! Ad FREE
- 60-Day money back guarantee!
- Cancel anytime.