



Written by [Michael Tennant](#) on January 6, 2020

Disavowing Trans Agenda, America's First "Nonbinary" Person Becomes Officially Male Again

The nation's first official "nonbinary" individual, whose case paved the way for states to permit people to register as neither male nor female, has successfully changed the sex on his birth certificate back to male, saying he wants to stop being used to advance the transgender agenda.

James Shupe's petition to have his birth certificate once more reflect his biological sex was approved last month in an Oregon courtroom, three-and-a-half years after the same court had rubber-stamped his request to become the first American to change his sex to "X," meaning neither male nor female



"The charade of not being male, the legal fiction, it's over," Shupe, 56, told [PJ Media](#) last week. "The lies behind my fictitious sex changes, something I shamefully participated in, first to female, and then to non-binary, have been forever exposed. A truthful accounting of events has replaced the deceit that allowed me to become America's first legally non-binary person."

By Shupe's own account, his gender confusion was the result of a variety of traumas and poor personal decisions that left him with serious mental-health issues. In an [op-ed](#) for the *Daily Signal* last March, Shupe claimed that as a child he had been sexually abused by an uncle and beaten by his parents. Eighteen years of military service had left him with "chronic post-traumatic stress disorder," he wrote.

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"After having watched pornography for years while in the Army and being married to a woman who resisted my demands to become the ideal female, I became that female instead," he explained.

In 2013, he visited a nurse practitioner and demanded that she prescribe him hormones so that he could transition to female; she complied.

Then he started therapy at a gender clinic in Pittsburgh. Only one therapist tried to prevent his transition. "When she did, I not only fired her, I filed a formal complaint against her," penned Shupe. Another therapist soon took up his cause.

"Trauma, hypersexuality owing to childhood sexual abuse, and autogynephilia [attraction to the image of oneself as female] are all supposed to be red flags for those involved in the medical arts of psychology, psychiatry, and physical medicine — yet nobody except for the one therapist in Pittsburgh ever tried to stop me from changing my sex. They just kept helping me to harm myself," he wrote.

In 2014, he moved to progressive Portland, Oregon, where he became a poster child for the transgender movement. The next year, the *New York Times* published an [op-ed](#) in which Shupe, who by then had changed his name to Jamie, declared he was now "living authentically as the woman I have always been."



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“Three years into my gender change from male to female, I looked hard into the mirror one day,” Shupe wrote in March. “When I did, the facade of femininity and womanhood crumbled.”

Shupe was still committed to the idea that he wasn’t fully male, however. He asked the two doctors who had been giving him hormones to certify him as nonbinary. “Both readily agreed,” he recalled. “The two weren’t just bailing me out. They were getting themselves off the hook for my failed sex change.”

In June 2016, an Oregon judge issued a court order changing Shupe’s sex to nonbinary, making him an even bigger hero in the LGBT community.

Shupe soon began to have doubts about the whole transgender movement. In 2017, he came out against medical procedures to change children’s sexes and in favor of the Trump administration’s ban on transgenderism in the military. Suddenly he was a pariah to the LGBT crowd and the media.

A year ago, Shupe, who now lives in Florida, got the sex on his driver’s license changed back to male and is still trying to change his name back to James. Then he decided to set his birth certificate right, but he had to go back to Oregon for that. He succeeded.

“The legal record has now been corrected and LGBT advocates are no longer able to use my historic non-binary court order to advance their toxic agenda,” he told PJ Media. “I am and have always been male. That is my biological truth, the only thing capable of grounding me to reality.”

Image: screenshot from [YouTube video](#)

Michael Tennant is a freelance writer and regular contributor to The New American



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