



Written by [Raven Clabough](#) on November 8, 2022

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The Goodness of America

Popular Wrestler Breaks Make-A-Wish World Record

John Cena, actor and World Wrestling Entertainment (WWE) superstar, has broken the Guinness World Record for the most wishes granted through the Make-A-Wish Foundation, with 650 wishes granted, according to a September 20 announcement on the annual reference book's website.

According to the Make-A-Wish Foundation, which grants wishes of children diagnosed with critical illness, no one else has granted more than 400 wishes in the organization's 42-year history.

John Cena is the most requested celebrity, and has made the Make-A-Wish Foundation a top priority, helping Make-A-Wish Idaho grant its 1,000th wish in 2012.

"If you ever need me for this ever, I don't care what I'm doing, I will drop what I'm doing and be involved because I think that's the coolest thing," Cena told Reuters after being honored for 500 wishes granted in 2015. "I just drop everything, [and] if I can offer a fantastic experience, I'll be first in line to do my part."

Guinness World Records reports that children who are granted the opportunity to meet Cena are often able to get inside the wrestling ring with him and are typically treated to a close-up of one of his many championship belts.

"There is no more humbling experience than a child who could ask for anything in the world asking to meet me," Cena said in 2015.

"I have faced some of the toughest superstars in WWE history," he added, "and I've never encountered more bravery or toughness than I see in each wish kid that I meet. It is inspiring to see the impact that granting wishes can have and I look forward to granting 500 more."

Cena granted his first wish through the foundation in 2002, according to Fox News, three years after beginning his wrestling career. Altruism is in his nature, as he is also the face of WWE's "Be a Star" anti-bullying campaign.

"I want them to have an experience that will stay with them to forever," Cena said. "I don't ever want the children or their families to be treated in a way where they feel as if they're up against anything at all."

Community Rallies for Officer and Homeless

A generous donation from a group of homeless people in Richmond, Virginia, has prompted the community to rally for the area homeless in return.

A collection was taken up in September for the family of Police Officer Seara Burton, who died in the line of duty. One of the donations was \$8.00 in a white envelope that reportedly came from a group of homeless in the community. Written on the envelope were the words "people from the street."

"This gift was in a wrinkled dirty well-used envelope," said Richmond Police Lieutenant Donnie Benedict, SunnySkyz.com reported. "They handed the envelope to the information officer and on the envelope was written these four words: 'people from the street.' The person explained that several of the homeless people from the city of Richmond have taken up a donation from the people that live on



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our streets here in Richmond and they wanted to donate this to Seara's family."

"There have been many valuable gifts given in honor of Seara," Lieutenant Benedict continued. "However none, and I mean none, are more valuable than the gift of 8 \$1 bills in a dirty white envelope."

Everyone was so touched by the donation that the department decided to frame it rather than deposit it into Officer Burton's fund.

When members of the community learned of this act of kindness, they decided to do something in return. One member, Amber Conley, put out a call on Facebook asking for donations to be distributed to the homeless residents.

In just 12 hours, the Richmond Fire Station was filled with blankets, coats, water, tents, and more, WRTV reported. The donations were handed out in early October.

"If nothing else good comes from this horrible tragedy, it is the fact that this community has rallied behind our police officers [and] our homeless," Conley said.

Salon Offers Solace to Desperate Parents

Hairstylist Sarah Pulley helped set up a hair salon inside a neonatal intensive care unit (NICU) at an Indiana hospital to bolster the spirits of exhausted mothers and fathers.

Pulley is no stranger to the NICU. Four years ago, her daughter Amelia was born prematurely and spent four months in the NICU at two different hospitals in Indianapolis.

Aware of the difficulties parents confined within those walls experience, Pulley became a volunteer at the hospital's Ronald McDonald House Family Room last year. The nonprofit offers housing for families of sick children, family rooms situated inside hospitals in which to eat or shower, and mobile programs that bring healthcare services to deserving communities.

And when she learned that Riley Children's Health would open a hair salon in one of its family rooms, she knew how she could help.

Leading the initiative, she donated a chair from her salon, Three Seventeen Hair Design, and worked with her distributor to obtain \$150 worth of free hair care products. She also volunteers her own time.

The "Beauty Bar" was opened on September 14, and since then, exhausted and stressed parents have been treated to a shampoo, style, and scalp massage at no charge. WTHR reports the salon, which is open just one day per week for now, is run entirely by volunteer stylists.

Pulley told TODAY.com that she understands the value of self-care for parents who are struggling with babies in need of medical care.

"You completely lose all sense of yourself when you have a baby in the NICU," she recalled. "My first mom completely relaxed in the chair; she just closed her eyes and breathed. My second was completely exhausted."

She said that she believes she can be inspiring to the parents who come through her salon because her own daughter is now "thriving." "There's something about the connection between moms and the power of touch," she said.



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