



Written by [Dr. Kat Lindley](#) on January 10, 2023

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The Dangers of Socialized Medicine

Dr. Katarina Lindley has been an outspoken advocate for medical freedom throughout the Covid debacle. She promotes patient-physician decision making in treatment of all illnesses, and is affiliated with groups such as the Alliance for Natural Health International and the Association of American Physicians and Surgeons, which oppose Covid-19 vaccine mandates due to alarming safety signals seen in pharmacovigilance reports across the world.

Born in Croatia when it was still part of communist Yugoslavia, Lindley is a board-certified family physician who practices in Texas and professes a deep love for the United States, her adopted country. Her passion for defending Americans' God-given rights from governmental overreach can be seen in her work on the board of directors for DPC Action (Direct Primary Care), a nonprofit that works to get Uncle Sam out of the way and restore true privacy to the patient-physician relationship.

Dr. Lindley points out that the federal government's response to Covid provides a microcosm of what various proposals for socialized medicine hold in store for the United States. She also offers an insightful review of the foundational principles to which our country must adhere if we hope to remain a free nation. — The editors

My story is unique only to those who were born into freedom and have never known true tyranny. I grew up under communist rule. At age 18, I left Yugoslavia and experienced freedom for the first time.

I am now a huge fan of my adopted country. Americans are some of the most amazing people I have ever met. They are, however, a little naïve because they have never had to truly defend their freedom. Certainly, the United States has been attacked, such as the Japanese bombardment of Pearl Harbor that marked this country's entry into World War II. Even then, the actual war was mainly fought in Europe.

Today, we are fighting an assault against our Republic on our own soil.

During the past two-plus years of government lockdowns and vaccine mandates, we have learned the dangers of bureaucratic agencies and federal dictates that demand we get experimental injections to be able to keep our jobs, attend school, etc. This "mandate experiment" has grossly failed, as people demanded their essential right to "freedom of choice." Our constitutional Republic largely stood strong against most of these mandates through legal wins and strong pushback from patriotic Americans.



[The New American](#)

Medical freedom fighter: Dr. Katarina Lindley operates a direct primary care practice in Brock, Texas, which provides routine healthcare without the interference of Big Brother, Big Pharma, or Big Insurers.



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But the battle is far from over, for the bureaucracy never sleeps!

For decades there has been an ongoing movement to socialize healthcare in the United States. Our politicians have many names for it, from President Truman's proposal for a national healthcare system in 1947 and President Johnson's institution of Medicare and Medicaid in the 1960s, to the more recent fiasco of ObamaCare and U.S. Senator Bernie Sanders' (I-Vt.) dystopian dream of comprehensive "Medicare for All."

Medical Freedom

My reasons for opposing government-controlled universal healthcare are simple. By socializing medicine, we allow bureaucrats to take over a very important industry and dictate how, when, where, to whom, and by whom healthcare is administered. Doing so would essentially take over the lives of a nation and potentially decide the longevity of its people.

It is neither paranoid nor cynical to mistrust a government that seeks to seize people's power to make their own decisions about healthcare. The outcome of such a scheme is not difficult to imagine, considering the track record of other public initiatives. For instance, minimum-wage laws purport to provide well-paying jobs but only usher in rising unemployment. Housing projects are synonymous with dilapidated buildings and conditions that foster poverty and crime. Students educated in American public schools are subjected to critical race theory and pushed to practice all forms of perversity.

The historical record proves that federal interference in most areas is a certain kiss of death. This is precisely why people such as me want to escape communist dictatorships. It is also the reason that America's Founding Fathers shackled governmental powers within clearly defined limits of law. In other words, they instituted a constitutional republic.

Under such a system, citizens elect representatives to temporarily serve in public office, while all are bound to follow constitutional law. The Founding Fathers knew from history the importance of doing so. As recorded in Will and Ariel Durant's *The Story of Civilization*, it was Solon of Athens who first established "government by written and permanent law" rather than "by incalculable and changeable decrees," a contrast that brilliantly describes the difference between republics and democracies.

Later, the Roman statesman Cicero, who watched his beloved republic die at the hands of unscrupulous politicians, observed that democracy invariably devolves into mob rule, chaos, and dictatorship. In other words, democracy is inherently unstable and always results in a totalitarian government.

Totalitarianism is an umbrella term for any system of government that is centralized and dictatorial. The most common forms of totalitarianism are socialism and communism, which are little more than two sides of the same coin.

As explained by John F. McManus in the foreword to the 2008 edition of *The Blue Book of the John Birch Society*, socialism is the economic form of totalitarianism, and communism is its political/military manifestation. Socialism has "always been the goal of every communist," and socialists "can be expected to resort to terror and brutality" (i.e., communism) "in order to maintain control." Regardless of the label, he wrote, tyranny of any type is a deadly enemy of freedom and "worthy of total opposition."

That opposition must be absolute; there can be no compromise when it comes to the right to life,



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liberty, or the pursuit of happiness.



Promoting indentured servitude? Proponents of Medicare for All, such as Bernie Sanders (I-Vt.), claim healthcare is a right, but that erroneous argument presumes someone else is responsible for providing your healthcare. (AP Images)

Needs vs. Rights

There are those who insist that healthcare is also a right. Article 25 of the Universal Declaration of Human Rights, adopted by the United Nations in 1948, lists “medical care” as a basic human right. That was also the belligerent mantra of Senator Bernie Sanders while he was stumping for the U.S. presidency in 2020.

Those who join his chorus fail to realize the vital difference between a need and a right. It is an important distinction because everyone should be free to *pursue* basic needs, but a right is something everyone can *demand* equally and freely without imposing obligations on anyone else “other than the duty of noninterference.”

That is how the late economist Walter Williams explained these concepts in his March 2020 commentary “Believing in a ‘Right’ to Healthcare Means Believing in Theft.” He pointed out that our other rights — such as freedom to practice religion, or to exercise free speech, or to own property — do not compel anyone else to provide anything for you. For example, the Bill of Rights protects your right to peaceably assemble, but the government is not bound to rent meeting space for you. Nor does it provide the printing materials for your local paper to exercise the right to free press. We certainly do not get a subsidy to keep and bear arms.

Likewise, why should government provide healthcare? As Williams pointed out, “Sanders’ claim that health care is a right does impose obligations upon others. We see that by recognizing that there is no Santa Claus or tooth fairy who gives resources to the government to pay for medical services.” The people who pay for government-funded healthcare are taxpayers. It is a modern-day version of “involuntary servitude,” or of “one American living at the expense of another.”



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Last bastion of freedom: Americans have stood firm against Deep State medical tyranny imposed during the past two years. We must continue strong, because there is no recourse if America falls. (AP Images)

Healthcare or Death Insurance?

Therefore, the proper role of government regarding healthcare is to protect your access to it from unlawful interference, not to provide it. We already know the disastrous results of federal controls. The U.S. Food and Drug Administration (FDA) has been the exclusive drug gatekeeper in this country since the 1950s and is riddled with conflicts of interest with Big Pharma, to the point of approving experimental Covid vaccines for children as young as six months of age and paving the way for vaccine mandates.

Medicare and Medicaid provide further striking examples. During the 1960s these programs suddenly launched millions of medically high-risk Americans onto the government dole in one of the largest wealth transfers in our nation's history. They insert bureaucratic middlemen into the doctor-patient relationship, and those agents get to dictate what and how much care the patient receives. Recall ObamaCare's Independent Payment Advisory Board, a 15-member Medicare-rationing team that pundits dubbed "Obama's death panel" for threatening seniors' access to necessary medical care.

Fortunately, Congress overturned that barbarity in 2018, but now we face something even worse. The 2020 Coronavirus Aid, Relief and Economic Security (CARES) Act, and the "New COVID-19 Treatments Add-On Payment" system of the Centers for Medicare and Medicaid Services are programs that give financial bonuses to hospitals on the condition that their Covid-related treatments follow strict dictates of the National Institutes of Health. Those decrees include high-death-rate ventilators and toxic drug regimens while banning effective treatments such as ivermectin and hydroxychloroquine.

The Last and Best Hope

A truly free people would not submit to the medical tyranny imposed over the last two-plus years. Our forefathers chose freedom over tyranny and left us tools to stand strong and defend it. It takes each one of us to preserve our liberties, so why don't we?

Having grown up in a communist country, I know that the United States is seen by other nations as a



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true beacon of hope amid worldwide tyrannies. “Every freedom-loving man has two fatherlands; his own and America,” wrote Richard Wurmbrand in 1967. Wurmbrand was a Lutheran minister tortured and imprisoned in Communist Romania for 14 years because of his Christian faith. “America is the hope of every enslaved man, because it is the last bastion of freedom in the world. Only America has the power and spiritual resources to stand as a barrier between militant Communism and the people of the world,” Wurmbrand continued.

As quoted in *America’s God and Country Encyclopedia of Quotations* by William Federer, Wurmbrand went on to write that America

is the last “dike” holding back the rampaging floodwaters of militant Communism. If it crumples, there is no other dike, no other dam, no other line of defense to fall back upon. America is the last hope of millions of enslaved peoples. They look to it as their second fatherland. In it lies their hopes and prayers. I have seen fellow-prisoners in Communist prisons beaten, tortured, with 50 pounds of chains on their legs — praying for America ... that the dike will not crumble; that it will remain free.

How much longer will Wurmbrand’s assessment hold true? The answer to that question rests entirely on our shoulders. It is up to us to defend our Republic, or we will lose it.



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