

 Sexy Summer Camp Schedule sexysexed.org			
Tuesdays	Thursdays	Workshops	Descriptions
Tuesday July 6		Sex with ME - Self pleasure workshop	Participants will explore personal views on self pleasure, as well as learn techniques to make the most out of their masturbation experience. This workshop will include discussion, games, and some hand on practice (on hands)!
	Thursday July 8	Reproductive Health: The Basics and Beyond	Join All Access EKY for this reproductive health workshop designed for people of all ages and knowledge levels! During this session, facilitators will review some of the basics (and beyond) of human sexuality, including anatomy and physiology, sexual pleasure, and gender identity. Facilitators will discuss the steps to conception, as well as explore disparities in pregnancy rates. Participants will leave informed and excited to share what they've learned with others!
Tuesday July 13		Gender diversity	Participants will learn about sex assigned at birth, biological sex, and gender identity, and how and why they might be different from what we learned in school. They will examine gender labels and how they are used, how what we say can harm—or uplift—others, and how to be compassionate and encourage others to do the same.
	Thursday July 15	Talk it Out: Relationships	This workshop will focus on friendship and romantic relationships and can be applied to family relationships as well. Participants work together to define intimacy and examine behaviors they find important in friendships and romantic relationships. They identify healthy and unhealthy relationship characteristics and learn about ways to nurture healthy relationship behaviors and address unhealthy ones.
Tuesday July 20		Let's Talk About Sex	Good communication is important for good relationships, especially intimate ones. So why is it so hard to talk about sex? We'll explore that and develop skills for honest, respectful communication that help folks negotiate what they do and don't want, practice safer sex, and improve their relationships, both sexual and nonsexual.
	Thursday July 22	Over Sexualization & Policing of Blackness	Sex Ed for Trans folks focusing on language, affirmation, as well as creating spaces for gender exploration and euphoria through sex. Topics will include pre sex discussion, language, body diversity, masturbation, s/s, gender exploration and affirmation, BDSM, and more!
Tuesday July 27		Sexy Trans Sex Ed	Using the World Health Organization's (WHO) listed protocols and SASSy's (Self-Managed Abortion: Safe & Supported) Info Guide, we'll provide information about self-managed abortion to reduce self-managed abortion stigma, reduce any negative health impact associated with unsafe abortion methods, and to ensure that self-managed abortions are medically and legally as safe as possible.
	Thursday July 29	Self-Managed Abortion Info Share	
		AUGUST	
Tuesday Aug 3		Pelvic Floor Health Is For Everybody!	Pelvic Floor! Where is it? What is it? Why should I care? Explore and discuss this sometimes mysterious body part and what an important part it can play in the journey towards pleasure and overall health. Join Dr. Meredith Brezinski, a pelvic health physical therapist to discuss the role that your pelvic floor plays in the The P's: Pee, Poop, and most importantly...Pleasure!
	Thursday Aug 5	The 3 P's: Pee, Poop, and Pleasure!	This workshop will explore the nuances of engaging in sexual activity while using licit and illicit drugs. Together, we will explore why people engage in sexual activity while on drugs, the nuances of substance use and consent, and harm reduction strategies around having sex on substances.
Tuesday Aug 10		Sex on Drugs	A short history of eugenics in Appalachia and the Mountain South and exploration of how rural people have been targeted for reproductive control by the state past and present. We'll talk about what eugenics is and isn't, and learn about the legacy of eugenic laws and practices.
	Thursday Aug 12	Eugenics in Appalachia	Join All Access EKY for this contraceptive methods workshop designed for people of all ages and knowledge levels! During this interactive workshop, facilitators will review the methods of contraception. Participants will also learn proper condom use and explore negotiating condom use. By the end of this session, participants will have a deeper understanding of the many contraceptive methods available to them and be able to discuss those options with others.
Tuesday Aug 17		Contraceptive Methods: Understanding the Options	In this workshop I will give information, tips, advice, etc to folks who are differently abled (like myself) and on the road to sex liberation, discovering their bodies, being a sex worker or hiring sex workers, navigating relationships, and more.
	Thursday Aug 19	Navigating Sex, Pleasure, and Liberation as a Differently-Abled Person	Fertility awareness is a life changing system of tracking your body's signs as they change throughout your menstrual cycle. Getting to intimately know what your body is doing and observe its changes throughout the month can teach you all kinds of things about your health and wellness, and help you meet your goals: whether you are trying to avoid getting pregnant, actively trying to get pregnant, and even if your sex life includes no risk of pregnancy at all, ever! Wish you knew more about what your body is up to? Want to be able to predict when your period will arrive, even if yours is far from a regular 28 day cycle? Feel like you're not sure if that "sitchang" down there is normal? Want to be reminded that you are a magical creature and your body is full of wisdom for you that it's trying to transmit, if you would just pay attention and learn its language? This workshop is for you!
Tuesday Aug 24		Cycle Tracking	
	Thursday Aug 26	CLOSING CEREMONY??	